

Nationals Regatta
Thursday, May 27th to Saturday, May 29th, 2010
Basic Information

BOTTOM LINE: Please fill out forms and return with check for \$210 by May 25, to Karen Sampson

Required Forms check-list:

- _____ Registration cover sheet
- _____ Rower Conduct Agreement
- _____ FCPC Parental Authorization sheet. Please note the following on this form: Transportation- check "Private Vehicle", Drivers- check "Parent", Risk Related- check "Other" and fill in "rowing on lake".
<http://www.fcps.edu/DIT/kam/docmgmt/forms/fs152.pdf>
- _____ Field Trip Luggage Search—**Please fill out and sign PART II**, which obligates all parents to check their child's luggage before delivering it to the school on May 25.
<http://www.fcps.edu/DIT/kam/docmgmt/forms/fs143.pdf>
- _____ Inhaler and Medication authorizations—fill out if needed. **HOLD THESE 2 FORMS AND TURN IN WITH MEDS (NOT INHALORS) TO ANNE SCOTT AFTER PRACTICE ON TUESDAY, MAY 25. Watch for an email from Ann.** Please remember, even over the counter meds must be listed on the medication form (including Tylenol and allergy meds) and turned in to Ann. At trip time these will be carried and dispensed by chaperones. These forms do not require physician signature for this trip.
<http://www.fcps.edu/DIT/forms/se63.pdf>
<http://www.fcps.edu/DIT/forms/se65.pdf>
- _____ Field Trip Driver's License and Vehicle Insurance—Every parent going to Nationals must fill this form out completely. Don't forget Driver's license number and insurance info.
<http://www.fcps.edu/DIT/kam/docmgmt/forms/fs142.pdf>

Schedule: Depart early Thursday, May 27th, return Saturday, May 29th to JMHS at approximately 9:00 pm.

Cost: Rowers' registration cost is **\$210**. Make check out to JMCBO. This check covers hotel room; gas money for drivers; coaches' costs; food at regatta site; team tent; boat hauling, entry fees, etc. In addition to the registration fee, each rower must bring at least \$90 cash for their dinner on Thursday and Friday nights and for 2 meals on the road and any incidentals.

Parent/sibling meal ticket (optional but recommended): For \$20 per parent or sibling the team will provide two lunches and snacks from our hospitality tent.

All payments due: Registration paperwork must be received by **May 25**, along with check for \$210 plus \$20 for each parent/sibling meal ticket desired.

Team Hotel:

Holiday Inn Express
18 Clifton Park Village Road
Clifton Park, NY 12065
Phone (518) 579-3000 Fax (518) 371-4570
info@hiecliftonpark.com

Website: Two websites for Nationals-

The website of the host regatta site, Saratoga Rowing Association:

<http://www.saratogarowing.com/>

The website of the Scholastic Rowing Association

<http://www.sraa.net/>

Travel to and from Saratoga: The team will travel parent driven vehicles. The parents will shuttle rowers between the regatta site and the hotel. There is parking at the regatta site, fee \$10 per day, including Thursday.

Luggage: All luggage should be checked by the rower's parents prior to departure from school, in conjunction with FCPS policy.

Dinner, spending money: Rowers must take a minimum of \$90 cash to pay for dinners on Thursday and Friday nights, 2 meals on the road and for incidentals. There are also MANY shopping venues at the race course for souvenirs, so each family should arrange spending money for rowers prior to departure. Tee shirts average \$25, sweats are more.

Other things to bring

Chairs (parents), rain gear, walking shoes, blankets, cameras, sun visors, sunscreen, binoculars, and of course, a sense of humor.

Questions contact:

Karen Sampson h. 703-573-8315 ksamvienna@aol.com

Fill out forms below and return with payment AS SOON AS POSSIBLE and no later than May 25, 2010!!

Mail forms to: Karen Sampson
2435 Lockett Ave.
Vienna, VA 22180

Or, better- Drop off forms at the above address—look for Mad Crew box on carport near carport door.

SCHOLASTIC NATIONAL REGATTA, Saratoga Springs, NY
Thursday, May 27th to Saturday, May 29th, 2010
Due no later than **May 25, 2009**

REGISTRATION: COVER SHEET

Rower Name: _____

Rower cell phone number _____

- \$210 To register
- \$20 per attending parent/sibling for 2 lunches and snacks from Madison hospitality tent (OPTIONAL, but recommended)
- Check made out to JMCBO. Please note "Nationals" on the memo line
- Check # _____
- Rowers must also bring \$90 cash for Thursday and Friday night dinners, 2 meals on the road and incidentals, plus spending money.

Please check your family's contact information on the Crew Roster on the crew website and make sure the information is correct. Go to www.warhawkcrew.org and check the team roster in the "Members Only" section.

Any contact information corrections: _____

Parent signature: _____

NOTE: Parents are encouraged to attend the regatta, but must provide their own hotel arrangements.

Please sign and return with payment no later than May 25, 2010.

Mail forms to: Karen Sampson, 2435 Lucket Ave., Vienna, VA 22180
OR (probably better) drop off at same address in Mad Crew box on carport near carport door.

Other forms required for all students:

Rower Conduct Agreement
[Parental Authorization FS-152](#)
[Field Trip Luggage Search FS-143](#)

As needed:

[Inhaler Authorization: SS/SE-65](#)
[Medication Authorization: SS/SE-63](#)

Rower Conduct Agreement

Overnight Traveling Regattas

Overnight traveling regattas such as the National Regatta are a wonderful experience. As the largest high school regatta in the nation, it is great opportunity to show off our young team's skills against those of old and established racing teams and to experience the wider world of high school crew competition. Our athletes represent James Madison High School at all times during this trip

- Adhere by all JMHS field trip rules and JMCBO participation contract.
- Consistent with FCPS policy, all luggage, including backpacks, will be searched before departing for regattas. (luggage consent form to be completed for all rowers)
- All rowers in assigned rooms by 10:00
- Room check and lights out at 10:30 unless coaches ask for earlier
- Rowers to remain in assigned rooms after 10:00. In case of emergency, contact chaperone
- Girls/Boys not allowed in rooms of opposite sex
- Do not congregate in the hotel lobby or halls. The hotel is providing a hospitality room where you can visit, play cards, etc.
- Rooms must be locked at all times
- Rowers must check in with assigned chaperones throughout the day at the hotel, the regatta and at dinners – **chaperones must always know your location**
- When at the river, remain at the regatta in the area between our boats and trailers and our hospitality tent
- Always walk around with a buddy or chaperone
- Rower and chaperone cell phone numbers will be provided
- Cell phones must be on and charged up at all times
- Chaperones have final determination if some areas are not appropriate for rowers
- Cheer on your team mates for all Madison races under the tent or in the grandstand (unless excused by chaperone/coach for warming up for your own race, etc.)

I agree to adhere to the rower conduct rules for overnight traveling regattas

Rower signature _____

Date: _____